Dermatology & Plastic Surgery SPECIALISTS

NEUROMODULATOR

BEFORE YOUR TREATMENT

- Avoid blood thinners (aspirin, ibuprofen, naproxen, fish oil, vitamin E, ginkgo, garlic, turmeric and other supplements) for **5–7 days prior**, if medically appropriate.
- Do not take alcohol for **24 hours** before treatment.
- Arrive with a clean face. Avoid makeup, skincare products, and lotions on the day of treatment.
- Alert your provider if you have any **neuromuscular disorders** (such as myasthenia gravis, ALS, Lambert-Eaton syndrome, lupus, etc.) or **autoimmune disorders**.
- Inform your provider of all medications, supplements, allergies or medical conditions.
- **No dental work 2–4 weeks** before treatment.

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AFTER YOUR TREATMENT

- Remain upright for **4 hours** (no lying down).
- Do not touch, rub, or massage the treated areas for **24 hours**.
- Do not apply makeup for **4 hours**.
- Avoid strenuous exercise, heavy lifting, hot yoga, saunas and hot tubs for **24 hours**.
- Avoid direct sun exposure, tanning beds and excessive heat for **24 hours**.
- Mild redness, swelling or small bumps may occur and typically resolve within a few hours to **1–2 days**.
- Results typically begin to appear in **3–7 days** with full results in **10–14 days**.
- Contact us if you have any concerns or unusual symptoms.